



# Wauchope Public School

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Term 4 Week 5  
Newsletter

Friday  
15 November 2019

## This Issue

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### Monday 18 November

- ☀ Boys Leadership Speeches 9:15am
- ☀ Girls Leadership Speeches 12:30pm
- ☀ QuickSmart Graduation

### Monday 18 November - Friday 29 November

- ☀ Intensive Swimming Scheme

### Tuesday 19 November

- ☀ Aboriginal Awards Ceremony - Westport High - 10am

### Thursday 21 November

- ☀ P&C Meeting - 6:30pm

### Friday 22 November

- ☀ Schools Spectacular Excursion

### Monday 25 November

- ☀ Life Education Van arrives

### Tuesday 26 November

- ☀ Hastings/Camden Haven PSSA Cricket trials

### Wednesday 27 November

- ☀ Leadership Speeches - Finals

### Tuesday 3 December

- ☀ K-2 Presentation Day
- ☀ High School Orientation Day

### Thursday 5 December

- ☀ Years 3-6 Presentation Day

### Monday 9 December

- ☀ Stage 3 Star Assembly - 2:15pm

## Wild – Oh What a Night



Once again, congratulations boys and girls on your performances last week. You were all brilliant. I hope you all remember the great feeling of performing for a long time to come. Everyone looked like they loved being on stage. The energy and excitement of everyone dancing onto the stage for the finale was pretty special. Another massive thank you to all WPS staff involved in making this happen particularly our producer Mr Thomas for his vision, ideas and determination to produce a wonderful showcase of our very talented students.



I know the audiences thoroughly enjoyed the show (even though it was very warm in the hall) and would have been extremely proud of their children/grandchildren.



## Fires

A huge shout out of sheer appreciation to our firefighters. You are great people risking your lives whilst the majority of us are taking cover. Thank you to our wonderful WPS community for your support with the limited supervision day on Tuesday and the school closures. This week was an extremely anxious period for many of us fearing loss of property, livestock and fear of not getting home to family due to road closures.



Like us on facebook

Wauchope Public School

*Excellence, Opportunity and Success*

## QuickSmart News

# quicksmart

Numeracy and Literacy Intervention Programs  
for Middle-School Students

Our 2019 QuickSmart numeracy program for Year 5 has concluded and the 28 students will celebrate their success when they are presented with their graduation certificates at the Stage 3 assembly in Week 6 on Monday 18 November. There will be a pizza party on the following day.

As Year 5 has now completed the QuickSmart numeracy program, we have been assessing Year 4 students. They will commence the QuickSmart program this term and continue to the end of Term 3, 2020.

QuickSmart is a numeracy program developed by the University of New England that aims to improve a student's 'automaticity' in recalling number facts. Students will attend three half hour QuickSmart sessions a week with a trained QuickSmart tutor. If your child is selected for this program, a permission note and media permission note will be sent home with further information. Both these notes need to be returned before students can commence the QuickSmart program.

If you have any queries, please contact Karen O'Reilly on 65852277.

## P&C News

### P&C Meeting

Our next P&C meeting will be held on Thursday 21 November at 6:30pm in the staff room.

## Remembrance Day



The Centenary of Armistice - Remembrance Day was on Monday 11, November. It is a day of special significance for all Australians, commemorating the loss of Australian lives in all wars, conflicts and peace operations. Wauchope Public School held a Year 2 - 6 assembly to recognise our extremely brave men and women. It was an exceptional assembly and the students were very respectful and engaged. Congratulations boys and girls. Thank you Mr Buzcko for coordinating a moving ceremony.

## Student Leadership Speeches

Good luck boys and girls for your leadership speeches on Monday 18 November. The boys speeches will commence at 9:15 am and the girls speeches will be at 12:30pm. Both events are held in our hall. Parents are most welcome to attend.

The staff are looking forward to hearing why these children believe they are the best people to be elected as student leaders at WPS in 2020. It is a great honour to be a prefect at our school. Congratulations to all candidates for taking the risk or chance to put themselves forward for this role.

## Aboriginal Education Awards

Congratulations to Jai J, Charlie M and Allyia LL who will receive

special awards at this ceremony next Tuesday at Westport High School.

## Intensive Swimming

This program begins next week. It is a complex operation coordinating students and teachers from five grades for this opportunity to run. Thank you Mr Beard for coordinating this incredibly valuable program.

## STEM Expo

The STEM/Robotics excursion involving some of our Stage 3 students travelling to Melville HS this Friday has been postponed. A new date will be advised as information is available when school returns.

## Enrichment Classes

Assessments for these classes have commenced this week. They will continue next week.

## Practicum Students

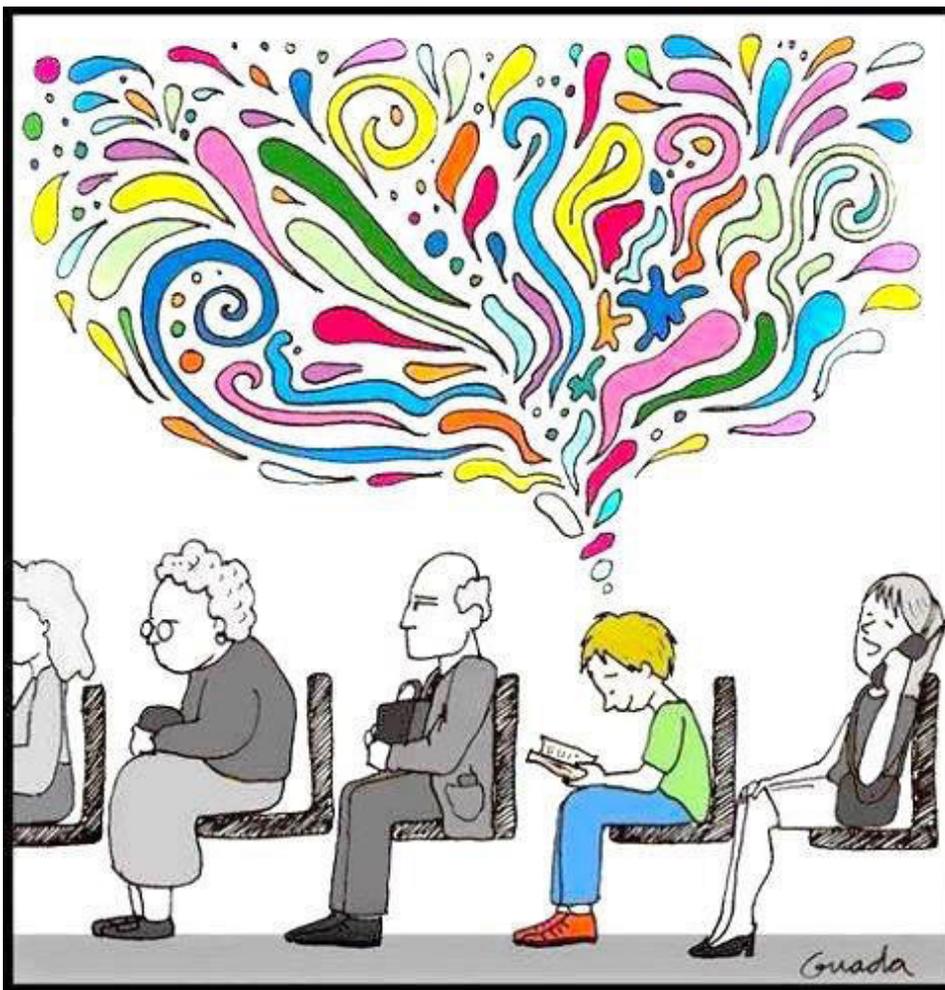
This week we welcome three University Practicum students to WPS. Molly Kalchbauer is working with 5WH, Emily Wilson is working with KDB and Hannah Brown is working with 2LF.

## 2020 Classes

We are working on forming our 2020 classes. Today, is the last day for parents to submit in writing any special requests regarding their child's class placement for 2020. The letter needs to be addressed to myself. All requests will be taken into consideration when forming classes. However, there are no guarantees. Staff will be putting a lot of effort and time into ensuring that all classes are as balanced as possible taking into consideration factors such as academic levels, social development, relationships, behaviour, and male/female.

**Mr Cameron Osborne**

WILD Photos



Community News

**Cancer Council**  
Healthy Lunch Box

Nutrition Snippet

**The simplest way**  
... to get the benefits of fibre.

Eating enough dietary fibre helps you maintain a healthy weight and digestive system.

High fibre foods include wholegrain foods such as oats and brown rice, fruit, veg, seeds, nuts and legumes such as chickpeas, beans and lentils.

Top tips to increase your fibre intake:

- Choose wholegrain, wholemeal or high fibre varieties of grain foods e.g. bread, pasta, rice, noodles and crackers.
- Fill at least half your dinner plate with vegetables.
- Reduce the amount of meat in recipes and include more vegetables and legumes.
- Have fruit, vegetables, nuts and seeds as snacks.
- Try our **hummus** with veggie sticks and wholegrain crackers



[healthylunchbox.com.au](http://healthylunchbox.com.au)

