



Wauchope Public School

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Term 3 Week 10
Newsletter

Thursday
26 September 2019

This Issue

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Thursday 26 September

☀ Port Macquarie Dance
Eisteddfod

Friday 27 September

☀ Year 6 Fundraiser
☀ Last Day of Term 3

Monday 14 October

☀ Term 4 commences for
Students and Staff

Friday 18 October

☀ K-2 Athletics Carnival

Tuesday 22 October

☀ Year 3 Surf Safety Excursion

Thursday 24 October

☀ P&C Fundraiser -
Obstacle-a-thon

Wednesday 30 October

☀ School's Out Radio

Friday 1 November

☀ Year 1 Timbertown Excursion

Monday 4 November

☀ WILD - Dress Rehearsal

Wednesday 6 November

☀ WILD - Matinee

Thursday 7 November

☀ WILD - Evening Performance

Friday 8 November

☀ Tim Tam's in your Jim Jams -
Cancer Fundraiser

Apex Public Speaking



A huge congratulations to our talented Public Speakers who spoke beautifully on Saturday.

They were so good that they won the local schools competition for our school. Mikayla H won the individual competition with Tiana D coming second, Tori X and Spencer M were awarded Highly Commended.

Thank you, Miss Whiteoak, for supporting the students.

Assemblies of Excellence



Over the past two days we have had two fantastic celebrations. They have been rewarding, entertaining and have been an enjoyable way to celebrate the children's success and hard work. The children love

performing and receiving their awards and feel very special attending the morning tea. As always Jens will put the photos on our website. Thank you to our Vice Captains Brianna B and Will N and to Mrs Gowan and the executive for coordinating the assemblies. The combined band, Stage 2 and 3 Choir, the Kindergarten and Stage 2 Dance groups were all fantastic. Special thanks to our hosts Mrs Boyle, Mr Nicholson, Mrs Bailey and Mrs Dignum.



At both assemblies, I spoke briefly about the importance of the boys and girls having and displaying pride. Pride means feeling good and worthy. Having a feeling of self-respect. Pride comes from a sense of ownership.

It is important to firstly show pride in yourself. This may mean having a tidy room at home, caring for your belongings, wearing clean and tidy school uniform, taking pride in the school work you do, taking pride



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Wauchope Public School

Excellence, Opportunity and Success

Page 1

Junior Relay Team



An error was made when reporting on the Junior Relay Teams success at qualifying for the State Athletics carnival next term. Congratulations go to Luke. C, Flynn M, Noah L and Flynn D.

Crazy Hair and Sock Day

Year 6 are holding this fundraiser. The cost is a gold coin donation. School uniform is to be worn.

Year 2 Excursion

Thank you, Mrs Pearse, for coordinating this experience.

Billabong Zoo Excursion

The children had a great time visiting the zoo on Monday. Thank you, Mr Grech, for coordinating.

K-2 Athletics Carnival – New Date

The new date for this exciting event will be the first week after the holidays on Friday 18 October.

Art Presentation

Today, I will be attending a special presentation between our school's art group led by Mr Nicholson and the Mary Knoll Aged Care Facility. Over the past term, the two groups have been working together and have produced some lovely art that will be erected in the school.

in how you treat people and interact with your friends. Taking pride in how you show respect to adults.

We should be proud of our classrooms. How it looks, what it seems like when another person like a student, parent or when I visit your room. You can make it tidy, make it look attractive, make it welcoming, have the children in that class working hard, trying their best and being nice to each other and showing respect to all. I can tell as soon as I walk into a classroom who is proud of their room and their work.

We should have pride in wearing our uniform. It looks so good and people everywhere comment on how good our students look when we are on excursions or playing sport. We should have pride in whatever sport we are playing and when we put on that Wauchope Public School jersey, netball dress or team shirt we should have pride. Wearing the uniform with pride sets us apart from others. It shows them we are a team and we are united. This means we have school spirit. We have a common bond.

We should have amazing pride for our school playground, buildings and facilities. This is your school boys and girls and we need to all care for it. In the playground, this means putting your rubbish in the bin, walking around the nice gardens, taking care of our brand new toilets, caring for our new 13 classroom building, our library and our classrooms. We are so lucky to have so much playground, so many facilities like play equipment, basketball courts, basketball hoops, cricket nets, footy posts and sports equipment.

Our library is an amazing and inviting place with so much cool furniture and learning spaces. We have two computer labs. Our canteen is new, the hall is modern. When Block 4 opens we will have the Hub, Safe Play, a robotics room and an extra-curricular area all for you to use.

On Saturday, I watched Fiji play the Wallabies in the Rugby World Cup in Japan. Most of the Fijian team cried when they sang their National anthem. These a big strong athletic men crying because they are so proud. They have great pride in their country. We should always have pride singing our National Anthem also. We should thank our lucky stars we live in such a happy, safe and great country like Australia.

If you have pride then people around you like your friends, parents and teachers will be very proud of you.

Be proud boys and girls.

Be proud of yourselves.

Be proud of your work.

Be proud of your classroom.

Be proud of your uniform.

Be proud of Wauchope Public School.

Dance Eisteddfod

Our amazing four dance groups perform tonight at the Glasshouse in the Port Macquarie Eisteddfod. Another incredible experience for our students. I love all of the dances and the costumes and I hope the boys and girls can relax, smile and enjoy the experience and adrenaline of performing in front of a large audience at such a wonderful venue. Thank you and good luck to our amazing dance choreographers as well.



WILD

Wauchope Public School Creative and Performing Arts Showcase

SAVE THE DATE

Matinee Performance -
Wednesday 6 November 2019

Night Performance -
Thursday 7 November 2019

Wauchope Public School will be showcasing the creative and performing talents of our students in Term 4 Week 4, 2019. A variety of performances will be on display from dance, choir, band and drama.

This will be an event not to miss.

Tickets on sale soon, don't miss your chance to be WILD.

Term 3

We hope everyone has a fantastic holiday. Students and staff all return on Monday 14 October. I do hope as many of our students are enrolling in a summer sport either now or early next term.

I'm looking forward to next term. Some of the excitement to look forward to is our P&C major fundraiser, the giant inflatable Obstacool course, our Creative Arts WILD concert, Swimming Scheme, Student Leadership elections, Semester 2 Reports, Year 6 Graduation and Farewell, Pool Parties and Presentation days.

Mr Cameron Osborne

School Work



Lucas from 4MJ wrote a beautifully structured informative text about echidnas. Mrs Buczko was very excited to read it, especially as she recently had an echidna visit her at her property, burrowing under a log. Mrs Buczko was also impressed with Lucas' new glasses!

APEX Public Speaking

Four students from Stage 3 competed in the Apex Public Speaking competition on Saturday at the Wauchope RSL Club. Tori, Tiana, Mikayla and Spencer all delivered comprehensive and entertaining speeches. Mikayla won herself first place, Tiana achieved second place and Tori and Spencer were commended on the content delivery and crowd

engagement. All four students scored so well that they won the school shield for Apex Public Speaking 2019.

What matters Competition



Tori, Kye and Tiana from 5/6CW challenged themselves with an entry in the "What Matters" writing competition. They were up against many students from all over the state and have been recognised for their hard work and creative pieces of writing.

Wauchope Wonder Winners Week 10



Congratulations to this week's Wauchope Wonder Winners.
Stage 1 - Riley and Taylah
Stage 2 - Cassidy and Ethan
Stage 3 - Charlotte and Gracie
Special Education - Kayden

Assembly of Excellence Years 3-6 Award Winners

School Athletics Champions



Junior Boys - Flynn D
11 Years Boys - Zac L
Senior Boys - Preston O
AWD Champion - Jai J
Junior Girls - Aylia L-L
11 Years Girls - Zoey S
Senior Girls - Evie G

HCH Athletics Champion

Junior Boys - Flynn D

LNC Athletics Champion

Junior Girls - Aylia L-L

State Athletics Champion



AWD Champion - Jai J

Year 6



6JB	Lana C, Tyce L and Shayla C
6MN	Mae C, Cheyanne E and Suraya C
6SG	Isabella T, Charlie M and Harrison L
5/6CW	Anna R

Year 3



3/4AD	Candice C
3-6SR	Alexi L
3KD	Miley M, Tia S and Karen H
3VH	Amali S, Alexander D and Ella O
3VM	Savhanna M, B'Jai C and Trey C

Year 4



4DW	Taylor H, Thomas B and Abby P
4MJ	Isabella W, Noah C and Olivia H
4LR	Charlotte C, Hayley J and Cameron D
3/4AD	Jeremy F and Kyden W

Year 5



5/6CW	Jaxon G and Kye D
5/6CG	Ava N, Tyler J and Jack S-M
5EM	Aleisha G, Summah H and Hayden P
5MG	Tiarna N, Yasmin A and Charlotte D
5NP	Malachi G, Shelby H, Cooper-Jay H
3-6JG	Hugh H



Assembly of Excellence Years K-2 Award Winners



Year 2

2LF	Shakiylah C, Levi H and Rose H
2CD	Loki A, Indiya-Rhoze C and Nevaeh D-S
2JH	Poppy H, Jack D and Izac S
2HL	William A, Rowan A and Daniel P
K-6RF	Lily L and Brock S



Year 1

1PH	Harleigh W, Lahni S and Angus A
1KB	Shalayah D-S, Seanna L and Ella R
1MM	Alaska J, Austyn W and Enzo W
1MT	Caitlyn H, Emmi L and Della R
K-6KD	Belinda P and Kyla B
K-6BC	Reece L and Zayne P



Kindergarten

KBL	Violet P, Jack C and Jack L
KDB	Wyatt B, Audrey E and Priscilla L-T
KJL	Hudson C, Archie W and London M
KKB	Drae C, River U and Charlotte L
KLB	Alma L, Rylee H and Jimmy K
K-6AP	Teisha-May B and James P-T

Intensive Swimming Scheme



Our Intensive swimming program commences on Monday 18 November 2019 and runs for ten days. The last day for swimming will be Friday 29 November 2019.

This program caters for students from Year 2 - Year 6 who are non-swimmers or cannot swim a distance of 25 metres (half an Olympic sized pool). Competent swimmers will not be allowed to attend.

The cost for the program is \$37. This payment needs to be sent to the school office in an envelope with your child's name and class on the front. Students do not pay on a daily basis.

If you would like your child to participate in the program please complete the form below and return the form with the money to the school office by Friday 8 November 2019.

No permission notes or money will be accepted after this date.

P&C News

Save The Date!!!

You won't want to miss our next major P&C fundraiser!!! October 24, 2019, will be our first ever Obstacle-a-thon!

Notes and more info as it gets closer!

Community News

Roving Ranger Activity at Sea Acres Visitor Centre this school holidays

A Discovery Ranger will be out and about on the Sea Acres boardwalk, running activities on Wednesday 2 October and Friday the 11 October. No Bookings Required. Arrive anytime between 10:00am and 12:00 noon. Normal boardwalk entry fees apply. \$9 Adults, \$5 children, \$20 family.

PARENTING GROUPS - TERM 4 2019

GROUP	START DATE	TIME	DURATION & LOCATION
CIRCLE of SECURITY	Wednesday 23 October	10am to 12pm	6 Weeks: Burnside Office
RAGE	Wednesday 23 October	5pm to 7pm	4 Weeks: Burnside Office
TUNING In to TEENS	Friday 25 October	10am to 12pm	5 Weeks: Wauchope Uniting Church
TRIPLE P	Thursday 07 November	10am to 12pm	4 Weeks: Burnside Office

For more information

Get in touch

Uniting Burnside Port Macquarie
7 Sherwood Road
Port Macquarie

T: 6581 6600
F: 6581 2210
E: ewall@uniting.org

Hours

Monday to Friday, 8.30am to 5pm

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Dear parent or carer,

Go4Fun is a healthy lifestyle program for children aged 7 to 13 years, who are above a healthy weight. Best of all it's **absolutely FREE!**

WHEN DOES GO4FUN RUN? Go4Fun runs for 10 weeks after school during the school term, and children attend a fun filled 2-hour session each week with their parent.

WHAT DO WE DO AT GO4FUN? Every week children play fun and interactive games and activities to get their heart rates up and enjoying being active. You and your child learn about healthy eating, setting goals, portion sizes, label reading and more. The child receives up to 3 attendance prizes, and parents a \$20 fresh fruit and vegie voucher each session they attend. School-aged siblings welcome.

Registration for Term 4, 2019 is open with limited places in FREE, FUN Wauchope Go4Fun which runs Thursday afternoons from 3.30 - 5.30pm at Wauchope Memorial Olympic Pool, starting Thursday 17 October 2019.

Register NOW at Free call 1800 780 900 or at www.go4fun.com.au



NSW CHILDREN'S WEEK 2019

creative story competition

18 and under living in NSW | entries close Sunday 6 October 2019 | chance to win a \$200 gift card

Do you enjoy writing and telling stories? This is your opportunity to write a creative story about an issue that is important to you and to other children and young people in 2019.

The Office of the Advocate for Children and Young People is inviting entries for the NSW Children's Week 2019 Creative Story Competition. The competition is open to all children and young people up to the age of 18 living in NSW.

Three winners (one winner for each age group: 0-5, 6-11, 12-18) will receive an award and a \$200 gift card as a special Children's Week event.

The winning stories will be decided by famous author and children's Laureate Morris Gleitzman, together with the NSW Advocate for Children and Young People, the NSW Youth Advisory Council and the NSW Children's Week Committee. Entries close Sunday 6 October 2019.

How to enter:

1. Use your imagination
2. Write a creative story (200 to 500 words) about an issue that is important to you and to other children and young people in 2019
3. Type your story in the online entry form via the link below

For more information and to enter visit:
www.acyp.nsw.gov.au
Go directly to the entry page via: bit.ly/CW19CS



Nutrition Snippet

The simplest way

... to make no bake cookies

Prep time: 10 mins
Cooking time: 0 mins
Makes: 12



Ingredients
1 cup pitted dates
½ cup raisins
1 cup quick oats
½ cup shredded coconut & ½ cup for rolling
½ cup sunflower seeds

Method
Place the dates, raisins, oats and ½ cup coconut into a food processor. Process until mixture lifts away from the edges of the bowl. Remove from the processor and mix through the sunflower seeds. Roll into a log and slice into 12 even pieces. Shape into cookies and roll in the remaining coconut.

For more recipes and ideas visit our [website](http://www.healthylunchbox.com.au).

healthylunchbox.com.au