



Wauchope Public School

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Term 3 Week 3 Newsletter

Thursday
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Monday 6 - Friday 10 August

☀ Education Week

Thursday 9 August

☀ P&C Meeting - 7:00pm

Friday 10 August

☀ Supporting our Farmers
Fund Raiser Day-Mufti Day

Monday 13 August

☀ Hastings Science Fair - Year 5

Thursday 16 August

☀ PSSA Touch Gala Day

Friday 17 August

☀ Hastings Camden Haven
Athletics Carnival

Tuesday 21 August

☀ Life Education Van -
Healthy Harold arrives

Friday 24 August

☀ Kindergarten Sound Parade

Monday 27 August

☀ Father's Day Stall

Wednesday 29 August

☀ Stage 3 Glasshouse
Excursion

Friday 31 August

☀ Lower North Coast Athletics
Carnival

Wednesday 5 -

Thursday 6 September

☀ Year 4 Taronga Zoo Excursion

Tuesday 4 - Friday 7 September

☀ Lake Keepit Excursion - Year 5

☀ K-2 Athletics Carnival

Education Week – Today's schools – creating tomorrow's world



Yesterday, we have had Open Classrooms to help celebrate Education Week. This was a fantastic opportunity for parents and grandparents to visit their child's room.



I would also like to congratulate the WPS staff for having such beautiful, bright, friendly, inviting and happy classrooms. Our staff do a brilliant job at keeping our boys and girls engaged, enthusiastic and working hard. It is a massively difficult task to keep between 20 and 30 children on task, working hard in a variety

of different subjects (some subjects are not as popular as others). Thank you to our staff for all their hard work. I know you are appreciated by the parent body.



However, in this incredibly busy society we live in, we forget to value and acknowledge the people who do so much and spend so much time with our most prized possessions – our children.

Supporting our Farmers



Please remember the non perishable and gold coin donation day tomorrow. Children may dress as a farmer tomorrow. Stage 3 sport will still be on so please send them in clothes that they can still play sport in.

100 Days of Kindergarten



The children and staff looked very old on Tuesday. Everyone had a great time, The boys and girls looked brilliant.

New Netball Uniforms



Thank you to our P&C for purchasing these sensational uniforms. They look great!

P&C Meeting

The next P&C meeting is on tonight commencing at 7:00pm in the school staffroom. All are most welcome to attend.

Healthy Harold



The Life Education program will commence on Tuesday 21 August. I strongly encourage parents to pay and return the permission note so your child can attend this valuable program. I know the majority of grades have a Health and Drug Education focus during Term 3.

Sport

Good luck to our 58 student strong Athletics team who will compete in the Hastings/Camden Haven carnival on Friday 17 at Blackbutt Oval. If your child is only in one event, you may consider dropping them back at school after their event. If leaving the carnival early an adult needs to sign their child out with Mrs Newell. This is very important.

Congratulations to Mr Sallustio who coached the North Coast Touch Football team last week at the PSSA State carnival. I have heard his team performed very well.

Rugby League

Welcome back and congratulations to the Under 10's team who competed in Sydney yesterday. I have been informed that they gave it their best and improved as the day went on. Well done boys and thank you to the parents, Mr Pope and Mr Geary for supporting the boys in Sydney.

Mr Cameron Osborne

'Because of her, we can' Acrostic poems from 1KB

Mum - By Nina

Mum makes good cake

Unique

My mum is the best.

Mum - By Arizona

Mum makes me happy

Under the blankets we have hugs

Mum gives me presents.

Olivia - By Lloyd

Once she gave me a present

Loves me

I like her

Very good girl

I love her

A great big sister.

Mum - By Lailani

Makes me happy

Under the tree we cuddle

Mum is the best!

Sarah - By Vivienne

She helps me to reach high passes

Always there when I am scared

Rose cooks cakes

A good girl

Helping me.

Peace Day - 6JB



6JB have been celebrating Peace Day on Monday 6 August. We have been writing about what peace means to us.

We have been trying Japanese food with chopsticks (straws) and we have been making paper cranes over the weeks. We haven't reached one thousand but we have folded 242 paper cranes.

By Liah W

Volunteers Needed

VOLUNTEERS NEEDED!



Please call or see Ruth in the canteen if you are interested in offering a few days a term to volunteer in our school canteen. It's a busy little place but we always have a great laugh and an awesome lunch! It's a great way to meet new people & the children love to see you in there.

P&C News

WOOSH News

October Vacation Care, 2018 dates are as follows:

October Vacation Care

Monday 1 to Friday 12 October

Please note: No pupil free day at the beginning of school term.

These are on the board in the Woosh room now. Please come into the centre and place your child's name on the list with the required days clearly ticked or alternatively give Alex a ring at the centre. The closing date for registration is Friday 14 September 2018. As we have to undergo a priority procedure, please phone Miss Alex on 0412 852 441 at the centre for availability after Tuesday 18 September 2018.

Canteen News

Supporting Our Farmers

\$1 from every lunch order will be donated to the farmers suffering from the drought.

Slams are no longer available as they have been discontinued. We now have Junior Pies for \$3 each.

Reminder

All children who are **Gluten Free** or have **Food Allergies** and order their lunch from the school canteen must use **Red Lunch Bags**. These bags can be picked up from the school canteen free of charge. Please state the allergy your child has and circle it on the bag. These lunches do not go out in the class lunch tubs. Your child has to pick it up from the canteen at lunch time. Any questions regarding this matter please ask for Ruth at the canteen to explain the procedure we use.

Canteen Specials Week 4

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> - Jatz in a stack - Frozen milk, yoghurt cups - Fruit, cheese and cracker cups! 	<ul style="list-style-type: none"> - Fairy bread stars - Mini hot dogs - Salad boats! 	<ul style="list-style-type: none"> - Popcorn cups - Pizza stars - Fruity pikelets! 	<ul style="list-style-type: none"> - Potato gum cups - Fairy bread skewers - Yoghurt and fruit cups! 	<ul style="list-style-type: none"> - Yoghurt pops - Jelly cups - Cheesy garlic bread! 

Community News



FREE WILLS FOR

Aboriginal & Torres Strait Islander's

Planning for the future—Making a Will and appointing someone to make decisions for you if you can't

WHEN: 16TH & 17TH AUGUST 2018

WHERE: Birpai Land Council Port Macquarie

TIME: 10AM Start

Will Day will commence in a two day session, details below:-

16TH AUGUST 2018

10–11am: Information session on Wills, Powers of Attorney and Appointments of Enduring Guardianship.

After 11am: You will make an appointment for the day to talk with a solicitor to prepare your Will and/or Power of Attorney and Appointment of Enduring Guardianship

17TH AUGUST 2018

Day two: The following day you will come back at your scheduled time to sign your documents for FREE. (see eligibility below)

RSVP is essential by Monday 10th August 2018.

Please contact Latoya Smith at Mid North Coast Community Centre on 6580 2111 or 0436 282 423 to register or if you would more information about the day.

Morning tea and Lunch will be provided on day one (information day).

*Eligibility: subject to a means test. If you are on a social security payment or low income and have less than \$20,000 in saving or assets (in addition to your home) we can help you for free.



100 Days of Kindergarten



Education Week - Open Classrooms



WELCOME
TO GO4FUN

Go4Fun
Healthy • Active • Happy • Kids

Dear parent,

Go4Fun is a healthy lifestyle program for children aged 7 to 13 years, who are above a healthy weight. Best of all it's **absolutely FREE**.

WHEN DOES GO4FUN RUN?

Go4Fun runs for 10 weeks after school during the school term, and children attend a fun filled 2 hour session each week with their parent or carer.

WHAT DO WE DO AT GO4FUN?

Every week the children will be involved in fun and interactive games and activities to get their heart rates up and enjoying being active.

Each week you and your child will learn about healthy eating, setting goals, portion sizes, label reading and more. The program also includes a supermarket tour where you get to put everything you've learnt into practise.

START UP PACK

Your child will receive a start-up pack including a:

- Go4Fun backpack,
 - Go4Fun t-shirt,
 - Go4Fun water bottle, ball and wristbands.
- Your child will also earn up to **3 bonus attendance rewards** over the ten Go4Fun sessions.

Parents receive a **\$15 fresh fruit and vegetable**

voucher for each session you attend, plus a folder full of weekly session information, activities, recipes and more. Plus you will receive a practical Meal Mate cup to help with portion sizes and a Detective Card to help decipher nutrition information on food packaging. Parents receive a report on their child's progress and health improvements following Go4Fun.

