



# Wauchope Public School

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## Term 3 Week 6 Newsletter

Thursday  
24 August 2017

## This Issue

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### Friday 25 August

- ☀ Hot Chip Day - K-2
- ☀ Last Day of Premiers Reading Challenge

- ☀ K-2 Athletics Carnival

- ☀ Stage 2 Spelling Bee

### Monday 28 August

- ☀ NAPLAN Online Years 3&4

- ☀ Father's Day Stall

### Friday 1 September

- ☀ NC Athletics Carnival

### Tuesday 5 September -

### Friday 8 September

- ☀ Year 5 Lake Keepit Excursion

### Sunday 10 September -

### Tuesday 12 September

- ☀ Opera House Choral Festival

### Monday 11 September

- ☀ K-2 Milo Cricket

- ☀ Year 7 Taster Day 2018

### Monday 11 September -

### Friday 15 September

- ☀ Book Week (Week 9)

### Thursday 14 September

- ☀ Book Fair

### Wednesday 20 September

- ☀ Assembly of Excellence

### Thursday 21 September

- ☀ Year 2 Public Speaking Final

### Friday 22 September

- ☀ Book Parade K-6

## K-2 Athletics Carnival



I can feel the excitement in the K-2 area about tomorrow's athletics carnival. You can cut the atmosphere like a hot knife through butter!

Tomorrow, we will see if any children could be future Australian representatives. The Brisbane 2018 Commonwealth games may be a little early.

I could borrow the phrase "Citius, Altius, Fortius" - which translates in English as "Swifter, Higher, Stronger".

Good luck boys and girls. It will be great fun. Parents and any fit and fast grandparents are welcome to attend between 9am and 11:00am.

## New Finance System

All schools in our district are moving to a new finance system on September 4. We appreciate everyone's patience as we move to this system. It is totally different to the previous system.

As an example we can no longer write cheques and we no longer have a Wauchope Public School Bank account. Almost everything will be digital. The office staff and I have had 35 days of training already. It will take time for us to become totally proficient.

## Hot Chips



The Wauchope Lions Club in conjunction with our wonderful P&C are running two hot chip days today and tomorrow. I have had a sample and can report that the chips are sensational!

## NAPLAN Online

Students in Years 3 and 5 have been trialling this new system. No tests will be marked. They are simply seeing if the program works and we are seeing if we can cater for our students completing these tests online in 2018.

We will provide more information in Term 1 2018.



## SRC - Thank You

On behalf of the SRC, I would like to give a HUGE thank you to Wauchope students for their generosity for our free dress and ice-cream day. We raised approximately \$1300 for Cancer Research. The class that raised the most money was 5/6WH – well done! A special thank you to the senior SRC members and students from 5/6WH for their participation in the organisation of the selling of ice-creams. A huge 'sticky' job! Great work.

Ms Henry

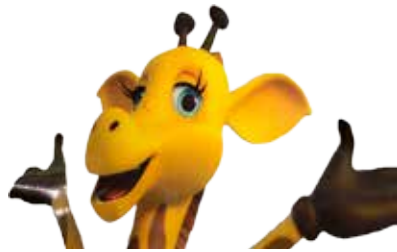
## Sand Art



Stage three sand sculptures with Ms Henry on Friday 18 August.

However, I can tell you the NAPLAN assessments will be run over nine days instead of the current three. We would have classes sit these assessments between the hours of 9am and 12:50pm and we would use the main and mini computer labs and possibly the library for these tests.

## Life Education



Children have enjoyed visiting Healthy Harold. All classes should now be completing follow up lessons and activities on the various topics that were taught.

## What's Cooking 3/6JG?



I'd like to report that we have some master chefs in our school. Until now I've been keeping this a secret as I have been benefitting from these talented students and when it comes to food I'm not very good at sharing. Every Wednesday students in Mr Grech's class stroll into the old canteen, bang a few pots together and then come out with some amazing delicacies. Yesterday, I dined on the quiche you can see above. The flavours are very well resolved and the

presentation is five star. I gave them a 10! The eggs were provided by Gus and were laid that morning. Talk about fresh!

In previous weeks I have attended lunch with the class and we have enjoyed spaghetti bolognaise, Shepard's pie, pumpkin soup, pizza and scones. Congratulations to: Fraser C, Reg G, Keagan M, Brayden P, Jade DM-G, Gus B, Ashton D and Timothy H in 3/6JG and to Mrs Hollis and Mr Grech for making this happen.

## Boys Soccer

A huge congratulations to our boys soccer team. They have had a season to remember and have been our most successful soccer team since the glory days when our girls soccer team came first in the entire state in 2010 and then second in the state in 2011. A big thank you to Mr Freeman-Duffy and to Miss Steph for the hours of training they have led.

## Book Week

WPS will host a Book Fair on Thursday 14 September. K-6 will have our end of Term 3 Book Week Dress Up parade on the last day of school, 22 September. Just early notice in case anyone wanted to start thinking about costumes.

## Father's Day Stall

Our P&C are holding a Father's Day stall on Monday 28 September. It will be held in the school hall. Thank you in advance to any of our lovely Mums who may be able to assist on the day.



## Volcanoes and Dinosaurs

For the last 3 weeks KJL and KDB have been learning about dinosaurs. We made volcanoes in the sand pits and watched them erupt. We also made some fantastic shelters (out of toothpicks and marshmallows) for our dinosaurs to live in. We had to stop Mr Osborne from eating all the marshmallows.



## Spelling Bee

Good luck to Stage 2 as they participate in the great WPS Spelling Bee tomorrow.

## North Coast Athletics

Good luck to the following students who will compete at the North Coast Athletics Carnival on Friday 1 September. A fantastic achievement!

The students are:

Shyleeah O'L, Summa S, Jade P, Kate B, Caden B, Will N, Brayden P, Kaal W, Aylia L-L, Zoey S, Brindley W, Flynn D, Noah L, Zac L, Preston O, Ellie R, Trinity D, Nakita S, Landon D, Zane B and Mitchell W.

## Assembly of Excellence

This end of term celebration of achievement will be on Wednesday 20 September. Parents of children receiving an award will receive an invitation to the assembly over the next few weeks.

## Kindergarten 2017

We are currently taking Kindergarten enrolments for 2018. If you have a child who turns five by July 31, 2018 then you need to complete an enrolment form. Please feel free to visit our school and collect an information pack including an enrolment form from our friendly office staff. It is helpful for us to receive these completed forms by the end of Term 3 2017 so we can start to plan our 2018 classes and make staffing decisions.

If you have relatives or friends who have a child commencing school next year, please pass on this message. New parents are

welcome to contact myself to discuss your child and/or what our wonderful school has to offer.

**Cameron Osborne**

## K-2 Athletics Carnival

Tomorrow, Friday 25 August, Kindergarten to Year 2 will be participating in our Athletics Carnival at school. All children must wear sunscreen, appropriate footwear and a hat, but are encouraged to wear their house colours on the day (ribbons, shirt, zinc, socks, etc)

Parents are invited to be spectators during the morning session only, where we will have age races over 80m and 100m, before participating in rotational athletics activities.

We hope you can join us!

*Lisa Barnett*

## Library News

### Book Week Parade

Theme: EscapetoEverywhere  
Friday 22 September.

Dress up as your favourite book Character!

### Book Fair

Thursday 14 September.  
Selling times 8am - 9am and 3pm - 3.30pm. Parent, Grandparent's and friends all welcome to attend our book fair. This will be a cash only book fair and we are unable to take orders for books that sell out.

**Premier's Reading Challenge**  
2017 closes on Friday 25 August. Student's who have been recording their books on the PRC website have until 25th August to complete their online records.

*Danielle Wheatley*





**Monday**

- \* Cheesy garlic bread
- \* Milk & yoghurt cups
- \* Cut in a hot fruit sticks
- \* Mini hamburgers
- \* Cabanossi & cheese
- \* Traffic light fruit sticks



**Tuesday**



**Wednesday**

- \* Mini quiches
- \* Fairy bread pinwheels
- \* Salad cups
- \* Popcorn cones
- \* Fruit salad & yogurt
- \* Dine nugget & salad skewers



**Thursday**



**Friday**

- \* Pretzel cups
- \* Party pies
- \* Yoghurt pops

## P&C News

### Dates To Remember

K-2 Hot Chip Day - 25 August

Father's Day Stall - 28 August

Thank you to all our volunteers in the canteen for completing their working with children check requirements in the office.

### Father's Day Stall

If you are someone who would like to assist with our Father's Day stall on Monday 28 August please contact Kaela on 0427 250 395. To volunteer you will need to have a current working with children check or complete 100 point check at the school office.

## Canteen Roster

### Week 7

Mon 28	Sam Purdy
Tue 29	Kristy & Leigh Ann Gearing
Wed 30	Mum & Jan
Thu 31	Cindy
Fri 1	Lee Ann, Ann Marie & Meg

### Week 8

Mon 4	Meg & Lisa Cook
Tue 5	Kristy, Mum & Rebecca Bull
Wed 6	Hazel & Sal
Thu 7	Bec B & Aunty Jo
Fri 8	Lee Ann, Meg & Deb Hill

## WOOSH News

### Sept/Oct Vacation Care

2017 dates are as follows:

### Sept/Oct Vacation Care

Monday 25 September to Friday 6 October

## Wauchope Public School

Excellence, Opportunity and Success

## NO Pupil Free Day

These are on the board in the Woosh room now. Please come into the centre and place your child's name on the list with the required days clearly ticked or alternatively give Alex a ring at the centre. The closing date for registration is Friday 1 September 2017. As we have to undergo a priority procedure, please phone Miss Alex on 0412 852 441 at the centre for availability after Tuesday 5 September 2017.

- P&C -

**REMEMBER TOGETHER WE CAN MAKE A DIFFERENCE TO OUR SCHOOL.**

## Community News

**Ready, steady, go!**

Today your child took part in Life Education's 'Ready, Steady, Go!' module.

**What is it about?**

Ready, Steady, Go! is a fun and interactive learning experience that aims to empower children to make safer and healthier choices.

Working with one of our highly experienced educators and your favourite friends, Ready, Steady, Go! has over 100 exciting activities, games, songs, and fun facts to help you and your child learn about safety, health, and the environment.

**Why is this module so important?**

Educating our children early about the importance of a healthy lifestyle is important because it equips them with the knowledge and skills they need to make safe and healthy choices.

Ready, Steady, Go! gives our children opportunities to discover: benefits of physical activity, safety strategies in different environments, how our body reacts in different situations, and what our body needs to be healthy including a balanced diet, water and sleep.

**Our goal is to help you:**

- Understand the importance of a healthy lifestyle.
- Learn about the benefits of physical activity.
- Learn about the importance of safety.
- Learn about the importance of a balanced diet.
- Learn about the importance of water and sleep.

Visit our website at [www.lifeeducation.org.au/parents](http://www.lifeeducation.org.au/parents)

**You can now order your favourite Healthy Harold products online**

When you buy a Life Education product, you give Aussie kids a bright and healthy future.

100% of proceeds from sales go toward providing Australian children with Life Education's vital health and safety programs.

Give the gift of Life Education.

Go to [www.lifeeducation.org.au/shop](http://www.lifeeducation.org.au/shop) to check out our new product range.



## Community News

Wauchope Public School P&C

Father's Day Stall

Monday 28 August

The Wauchope Public School P&C is holding it's very popular Father's Day Stall again this year on Monday 28 August.

Children can bring in money to purchase items, on this day only.

Items will vary in price ranging from \$1.00 to \$15.00

Your child's classroom teacher will escort your children to the hall to do their shopping, this will happen class by class so that children are not all shopping at once. Each class will be allocated a time slot on the day so there is no need for parents to come and assist their children with their purchases.

Children love the opportunity to buy something special for their Dad, Pop or carer.



Thank you for your continued support.

WPS P&C Association

Nutrition Snippet

### The simplest way

...to keep all the nutrients and minerals.

Here are some useful tips to help keep the nutrients and minerals in your fruit and veg during preparation and cooking.

- Follow storage tips. Not only will your fruit and veg last longer, it will retain more nutrients and taste better too.
- Try not to peel your fruit and vegetables if you can avoid it. The skin is packed with fibre and other nutrients such as vitamins lie close to the skin surface.
- When cooking fruit and veg try not to chop it up too much.
- Heating fruit and boiling vegies loses many of the wonderful vitamins and minerals inside. Fruit and vegies are great fresh and raw. If you prefer them cooked, steaming, blanching, grilling, roasting, stir frying or microwaving retain more nutrients.
- Fresh is great but the nutrient value of food is also retained when snap frozen.
- Use the outer leaves of vegetables unless they are wilted or unpalatable.
- Keep it simple and do what works for you. We agree that eating fruit and veg any way you can is still a win!

For more information visit  
[www.eatittoBeatit.com.au](http://www.eatittoBeatit.com.au)  
 or join us at [facebook.com/eatittoBeatit](https://facebook.com/eatittoBeatit)

## Wauchope RSL Cricket Club

Wauchope RSL cricket junior rego days will be held on Saturday 9 September and the 16 September at Andrews Park Cameron Street Wauchope from 9am to 12pm. You can also register online at [playcricket.com.au](http://playcricket.com.au) by simply entering Wauchope as your area and following the prompts.

For more information please contact Jason Brooks on 0428 147 467.

## Term 3 Week 6 Newsletter

"It's great to be back!  
Let's catch up and chat about your property goals over coffee"

**wauchope real estate**  
The Residential & Rural Specialists

[www.wauchoperealestate.com.au](http://www.wauchoperealestate.com.au)

**Kirstie Shaw**  
Residential and Lifestyle Specialist  
0422 416 802  
[kirstieshaw@wauchoperealestate.com.au](mailto:kirstieshaw@wauchoperealestate.com.au)

## School Crossing Supervisor

The Roads and Maritime Services are currently advertising for casual school crossing supervisors (SCS) to assist permanent staff in the Hastings area including Port Macquarie, Wauchope and North Haven.

## Touch Football

Calling all juniors touch players

## Rego Night

Monday 28 August 5pm - 6pm @ Wauchope Real Estate

## 2 divisions

8-10yrs JUNIORS (2007, 2008 + 2009) and 11-13yrs YOUTH (2004, 2005, + 2006)

Competition starts Monday 9 October finishes December (date to be advised) played at Landrigan and Andrews Park Mondays at 5.05pm. Like our facebook page for more details.

## JUNIORS - mixed

8-10's individual registrations. If your child is born in 2007, 2008, 2009 they will play in the junior comp and be sorted into teams. Wauchope Summer Touch Inc will provide all players with a playing shirt.

## YOUTH - mixed

11-13yrs (2004, 2005, + 2006). Teams can be nominated with a maximum of 6 players 3 girls + 3 boys.

If you choose to nominate a team, you must also have a team co-ordinator. First 6 teams in. Individual registrations will also be taken and players sorted into nominated teams (if any).

Wauchope Summer Touch Inc will provide all players with a

playing shirt.

Rego sheets can be downloaded from our Wauchope summer Touch facebook page or picked up from the Wauchope Sports store.

For more information please contact Natasha Costigan on 0419 854 437.

**Little Athletics Wauchope**

Little Athletics is a uniquely Australian sport for children aged 3-16 years. As the name suggests, it is based upon the sport of athletics (track and field) and the events are specially modified to suit the ages and abilities of children. A wide range of running, jumping, throwing and walking events is conducted.

Wauchope Little Athletics Centre will be holding information day Saturday 26<sup>th</sup> August will be from 10am to 12pm at the front of RSL Wauchope.

Starting on the 1<sup>st</sup> September we will be running event instructions teaching techniques for throws, jumps and running.

Competition nights will be starting 13<sup>th</sup> October.

We run on Friday afternoons from 5:25pm at Blackbutt Park during the school term.  
 Girls Under 6/5/7: \$30  
 Boys \$35

Anyone wanting more information is invited to come along and chat to the committee. Wauchope Little Athletics catering for children aged from 3 years old up to 16 years. A new Tiny Tots program will be commencing this season.

Anyone wishing to join can go to LANSW website and follow links.

For further information please phone  
 Jacky - 041009799  
 Emily - 0413133368  
 Anne-Marie - 0427661326  
[wauchope@lansw.com.au](mailto:wauchope@lansw.com.au)

**Wauchope Poultry Club Inc.**

**3<sup>rd</sup> Annual Pure-Bred Poultry Auction**

**DATE: Sunday 27<sup>th</sup> August 2017**

**TIME: Viewing of Birds from 9am Auction commences at 10am**

Come and discover the Wauchope Poultry Club, buy some quality show or breeding birds. Meet our friendly members & community poultry folk and enjoy a good old cackle and quack of all things poultry!

**WHERE: Wauchope Poultry Club - Harley Cooke Pavilion Wauchope Showground Entrance Via Wade St then onto Thatcher St.**

Canteen Available on the day.

Show and Breeding quality poultry including Chicken Breeds - Rhode Island Red, Sicilian Buttercup, Andalusian, Old English Game, Silkie, Australian Game, Pekin, Araucana, Belgium D'Uccle, Bantam, Leghorn - White, Brown, Red, Langshan, Hamburg, Sussex, Belgium D'Anver, Wyandotte, Duck Breeds - Campbell, Watervale, Silver Apple, Mallard, Turkey & Fertile Eggs and poultry related items. Up to 200 lots, bring your boxes as no bird will be released without boxes.

Vendors contact Show Secretary to book in poultry.

For further details please contact us or visit our facebook site Wauchope Poultry Club Inc.

**Website: [www.wauchopepoultryclub.com](http://www.wauchopepoultryclub.com)**

Show Secretary **Netty Payne - 0419 399 115**

**Hope to see you there!!**